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The carb cycling diet: balancing hi carb, low carb

Author: Dr. Roman Malkov, Title: The Carb Cycling Diet: Balancing Hi Carb, Low Carb, and No Carb Days for Healthy Weight Loss (Paperback), Category: Books, ISBN

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Roman Malkov is the author of The Carb Cycling Diet (3.85 avg rating, 13 ratings, 2 reviews, published 2008), The Carb Cycling Diet (2.71 avg rating, 7 r

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