

The IntenSati Method: The Seven Secret Principles To Thinner Peace

By Patricia Moreno

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Patricia Moreno is the founder of Sati life, author of The IntenSati Method, Seven Secret Principles to Thinner Peace. She was recently featured on the Today Show and

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Patricia Moreno teaches her signature workout intenSati, alongside danceSati, yogaSati, coreSati and warriorSati.

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Patricia moreno (author of the intensati method)

Patricia Moreno is the author of The IntenSati Method (3.47 avg rating, 30 ratings, 3 reviews, published 2009)

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